

SAN FRANCISCO | SILICON VALLEY | MARIN | NAPA | NORTHERN CALIFORNIA

HAUTE LIVING

JANUARY/FEBRUARY 2020

LUXURY LIFESTYLE WITH PURPOSE

TOP DESTINATIONS FOR
SAFE AND LUXE TRAVEL

BEST PRODUCTS TO
DETOX AND REJUVENATE

EXCLUSIVE WITH
CAMERON DIAZ AND
AVALINE WINES

BIG SUR'S POST RANCH
INN UNVEILS RENOVATED
OCEAN HOUSES

A SNEAK PEEK INTO
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MARK CALVANO

*Renew and Recharge
for the New Year*

SEVEN COVES AT SPINDRIFT AS A SANCTUARY
TO HEAL AND RESET

BY TERESA RODRIGUEZ

Haute HOTEL

FOUR SEASONS RESORT LOS CABOS AT COSTA PALMAS

Just a Few Hours Away from San Francisco

IMAGINE A SECLUDED DESTINATION WHERE the gentle sun warms your shoulders and the hushed sound of lapping waves lulls you to sleep, a place where you're greeted with a joyful "buenos días!" and a caring team of international staff members meets your every need. Close your eyes and drift off to a resort where soulful spa therapists pamper you, treating you to massages steeped in indigenous traditions. Picture yourself poolside, with an attentive waiter bringing you cool libations, fruity popsicles, and delicious meals.

It seems like a world away, doesn't it? But if you leave now, you can be there in a few short hours.

In just three hours by plane from SFO and a short ride by private car, you can be reveling in the warm Mexican hospitality of the Four Seasons Resort Los Cabos at Costa Palmas™. The brand-new resort (built in October 2019, then just

reopened due to COVID-19) is ideally situated on a strand of private beachfront property spanning over two miles of vast dunes overlooking the tranquil waters of the Sea of Cortez.



The main pool is designed to resemble the magical, natural ponds at Sol De Mayo. Poolside food and beverage service is available all day



The view from an oceanfront suite



The resort's two miles of private beach on the Sea of Cortez



For those of you who've traveled extensively and have experienced the best that the world has to offer, expect the Four Seasons in Los Cabos to blow your mind. Each aspect of the resort has been skillfully planned out—from the numerous pools throughout the resort that give you the feeling that you're in your own private oasis to the luxurious plunge pools that accompany many of the guest suites—no feature of the resort has been overlooked.

“The restaurant lineup reads like a who's who of the culinary world. Acclaimed chef Costas Spiliadis brought his famous restaurant Estiatorio Milos, recognized as one of the best Mediterranean seafood restaurants in the world, to the property.”

While many secluded resorts offer mediocre dining options, that is not the case at the Four Seasons Resort Los Cabos. The restaurant lineup reads like a who's who of the culinary world. Acclaimed chef Costas Spiliadis brought his famous restaurant **Estiatorio Milos**, recognized as one of the best Mediterranean seafood restaurants in the world, to the property. It's perfectly situated on the beach, overlooking the Sea of Cortez. Let the seafood captain introduce you to the fresh catch of the day. At the raw bar, you are invited to choose your cold appetizers and your main course—prepared to your pleasure. Seafood options change daily, depending on what's been caught, but staples always include fresh lobster and other shellfish.

The resort's beautifully appointed lobby



Estiatorio Milos restaurant



Spain's Crevette Royale is served grilled and with a shot of mezcal



For those who want a more rustic experience, make sure to dine at **Limón**. This charming restaurant is tucked away in a lemon grove on the expansive property. With its outdoor kitchen ablaze and cozy fires lit throughout the *al fresco* dining area, both Limón's cuisine and ambiance wow the senses. Start with the squash blossom and petite St. Pauline creamy tart with chile poblano and pine nuts. Follow it with Bolognese with chile meco and bone marrow. For your main course, feast on the ribeye that is aged 45 days. Dessert? Of course. Try the La Manzana, their take on an apple pie with phyllo dough, vanilla ice cream, and caramel sauce. Accompany your dessert with a hot chocolate spiked with Kahlúa.

For a memorable meal that takes you on a bold tour through the various regions of Mexico, **Casa De Brasa's** Mexican Gastronomy Tour dinner is a must. The 5-course meal leads you on a tasty exploration of a few popular areas that exemplify Mexican cuisines. Enjoy tamales from Oaxaca, lobster tacos from Baja, and mole from Jalisco. You can even pair your multi-course dinner with fine wines from Mexico. For more casual meals, guests are offered in-room dining as well as the quaint café, Ginger's, which makes fresh smoothies and baked goods. Enjoy a game of ping pong while waiting for your smoothie to be made.

While lounging by the pool or relaxing in a hammock with a fresh coconut are perfectly divine options to restore yourself after a tough 2020, we suggest an excursion expertly planned by the Adventure Concierge at the front desk. Let them introduce you to Mexico's best kept secrets, including Sol Del Mayo's hidden waterfalls cascading with fresh, clear water. A team member will lead you to the falls and bring you drinks and snacks as well as towels and an umbrella for your comfort. Their team can take you to world class snorkeling spots and epic off-roading adventures through desert dunes. For romantics, they can plan a sunset sail from the Four Seasons' private marina or an intimate bonfire dinner on the beach that you will never forget.

One place on the resort that should not be missed is the Oasis Spa. Spa treatments are rooted in the healing energy of the desert, mountains, and ocean. Each individualized treatment incorporates indigenous ingredients known to soothe and revive. Along with healing treatments, guests are encouraged to use the spa facilities throughout their stay. Whirlpools, plunge pools, steam, and sauna rooms are available to all guests over 14 years old.



Taste the freshest local ceviches made to order at El Puesto.



Poolside dining: hearts of palm salad with shrimp and lobster tacos



Their world-class 18-hole championship golf course featuring desert and ocean views



Enjoy the privacy of your own plunge pool in an Oceanfront suite



Be a part of the turtle protection program where you are invited to help release baby turtles into the water

If you prefer to keep active, try a round of golf on the pristine golf course, play a game of tennis, or take one of their fat tire bikes for a spin. For water lovers, the resort has kayaks, boogie boards, and paddleboards that you can use for free. The kids will love the oversized water trampoline.

For children, the Four Seasons offers a wonderful daily kids' program that includes fun activities like scavenger hunts, beach volleyball, tennis, seashell hunting, and bicycle riding. Their arts and crafts program includes creative activities where children make various crafts like bracelets, dream catchers, pillows, piñatas, masks, and crowns. The children's program is a great way for Mom and Dad to enjoy some private time while the kiddos get to make new international friends.

If you happen to visit the resort between August and December, you will be in for a once-in-a-lifetime treat. The resort has a turtle protection program that cares for turtle eggs and hatchlings. Forty-five days after the turtle eggs hatch, they release the hatchlings and invite guests to help with their first precious steps into the Sea of Cortez. Five species of sea turtles—the hawksbill, loggerhead, leatherback, green, and olive ridley—are found along Mexico's Baja California peninsula. The largest is the leatherback turtle which can grow to 70 inches long and weigh 1,300 pounds.

From tranquil moments in your private plunge pool to exhilarating dives into the crystal clear

spring water of Sol Del Mayo, the resort offers you an abundance of unforgettable experiences. Take time for an evening beach walk under the canopy of endless stars and remember to slip into the spa for a decadent massage. Sure, your incredible trip to the Four Seasons Resort Los Cabos at Costa Palmas™ might only last a few days, but we can assure you that the memories you create with your family and loved ones will last a lifetime. Not bad for a place just a few hours from your current reality.

To plan your escape, visit [fourseasons.com/loscabos](https://www.fourseasons.com/loscabos) or call +52 (62) 4689-0292.

