

COSMOPOLITAN



FROM A BIG MARVEL
BREAK TO MAJOR
NEW MUSIC, IT'S
**HAILEE
STEINFELD'S
MOMENT**

THE TRAVEL ISSUE

WHERE TO GO, WHAT
TO WEAR, HOW TO NOT
HATE THE MIDDLE SEAT

**RELATED: YOUR 2022
HOROSCOPE SAYS**

THIS YEAR WON'T
ACTUALLY SUCK!

SPECIAL SEXY FICTION TIME

OBSESSED WITH 'WE
WERE NEVER HERE'?
WE HAVE THE MISSING
PART OF THE STORY

WOULDYA LOOK AT THAT

A SCIENTIFIC REASON
MEN GHOST YOU
AFTER 3 MONTHS

The ideal spa getaway for your ~vibe~

For, you know, when you and yours are ready to treat yourselves to a long weekend again.



THE BEST FOR

A GROWN-UP GIRLS' TRIP

FOUR SEASONS RESORT AT COSTA PALMAS • LOS CABOS, MEXICO

"There comes a point in every badass gal's life when a girls' trip needs to be more restful than rager. I'm there...proudly. And tbb, it's still F-U-N! I proved the point while escaping to this super-luxe resort on the East Cape of Los Cabos with two of my closest sister-friends. We relaxed at our suite, walked along the shore of the Sea of Cortez, ate the freshest seafood, took a

sunset ATV ride, and drank plenty of tequila (sans an overcrowded nightclub). And lest we forget, the spa offers a two-day Tata Harper Sensorial Beauty Retreat. The farm-to-face beauty brand curated an experience that includes a massage, a facial, sunrise yoga, and sound meditation. See what I mean? Being grown is the best!"

—JULIE WILSON, beauty director



THE BEST FOR

A RIDICULOUSLY ROMANTIC BAECATION

CHATHAM BARS INN • CHATHAM, MASSACHUSETTS

"All I wanted was quiet time to do nothing but sit, occasionally get rubbed down, frequently drink and eat, disconnect from society, and reconnect with my partner. What I got: all of that and more. Not only was our adults-only suite equipped with its own fireplace, wooden sauna (!), steam shower, and hydrotherapy tub, but it was also steps away from the spa, where we

had a couples massage that was, to quote queen Lizzie McGuire, 'what dreams are made of.' It felt like coming up for air for the first time in years, together. By the time we checked out, our bodies were molasses and our brains were blissed. It's no surprise that engagements happen here on the daily...ahem."

—CHLOË METZGER, deputy beauty director



THE BEST FOR

A SOLO ESCAPE WITH A SIDE OF SWEAT

OJAI VALLEY INN • OJAI, CALIFORNIA

"This place oozes nature-y, good-for-you vibes and I loved every single second of it. My days were filled with long morning hikes in the nearby Los Padres National Forest, dips in the Indigo Pool, and, of course, spa time. The spa itself is huge—complete with all the stuff you'd expect plus two pools, a café, and a ton of places to cozy up in a robe and zen out. I opted for a 60-minute

CBD massage and the spa pedi, which is performed dry (YKYK) and with surgical precision. The most memorable part of the trip was something called 'pink moment'—it's unique to the Ojai Valley, the time just before sunset when the sky is cast in a pinkish, purple glow. It is truly magical and pairs perfectly with a big glass of California wine."

—LAUREN BALSAMO, deputy beauty director



THE BEST FOR

A FANCY MOMENT TO BOND WITH MOM

LITTLE PALM ISLAND RESORT & SPA • LITTLE TORCH KEY, FLORIDA

"It took me about two and a half seconds to realize I get my love of fancy spa treatments from my mom. We looked at the menu and immediately decided on the Royal Treatment: a 110-minute extravaganza that kicks off with an abhyanga oil massage (the fast circular movements are known to shift and release energy) followed by full-body exfoliation. And just when I thought the

whole thing couldn't get dreamier, our therapists opened the double doors to a private patio with an outdoor shower, a warm bath, and herbal tea. It was so damn relaxing—but we still decided to spend the rest of the day paddleboarding, devouring key lime pie, and reading by the pool. Sry to my sister, bc I'm officially my mom's favorite now."

—RUBY BUDDEMEYER, beauty editor